**Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Block: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Teacher:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Criterion D: Reflecting and Improving Performance** Self Evaluation: Interpersonal Skills

Objective: **explain** and **demonstrate** strategies to enhance interpersonal skills

Formulate a **list** of interpersonal skills that relate to our PE classroom.

|  |  |  |
| --- | --- | --- |
|  |  |  |
|  |  |  |
|  |  |  |

Below choose two of these interpersonal skills from the list and describe the context in PE and explain strategies to how it will enhance your experience in PE.

|  |
| --- |
| **Interpersonal skill #1:** |
| Describe what this skill is and it’s context in the Physical Activity Environment (Classroom) |
|  |
|  |
|  |
|  |
| **Explain Strategies** to **how** you can demonstrate this Interpersonal skill in PE class and elaborate **why** you demonstrate this in PE |
|  |
|  |
|  |
|  |
|  |
| **Interpersonal skill #2:** |
| Describe what this skill is and it’s context in the Physical Activity Environment (Classroom) |
|  |
|  |
|  |
|  |
| **Explain Strategies** to **how** you can demonstrate this Interpersonal skill in PE class and elaborate **why** you demonstrate this in PE |
|  |
|  |
|  |
|  |
|  |

For Evaluation Use Only

|  |
| --- |
| **Criterion D: Reflecting and Improving Performance** |
| **(0)** | **Beginning (1-2)** | **Developing (3-4)** | **Accomplished (5-6)** | **Exemplary (7-8)** |
| *I have not achieved a standard described by any of the descriptors to the right*. | *I am able to:***identify** and **demonstrate** strategies to enhance interpersonal skills LIST | *I am able to:***outline** and **demonstrate** strategies to enhance interpersonal skills WHAT | *I am able to:***describe** and **demonstrate** strategies to enhance interpersonal skills HOW | *I am able to:***explain** and **demonstrate** strategies to enhance interpersonal skills WHY |
|  | ***lacks*** *demonstration of understanding in class* | ***inconsistent*** *in understanding of some areas* | ***Usually*** *demonstrates an understanding* | ***Consistently*** *shows this understanding* |